

SUMMARY

During the month of May 2026, total monthly household spending in **nominal**, **seasonally adjusted** terms:

- rose by 1.6% in South Australia to be 6.8% higher than a year earlier.
- rose by 1.3% in Australia to be 5.5% higher than a year earlier.

FURTHER DETAILS

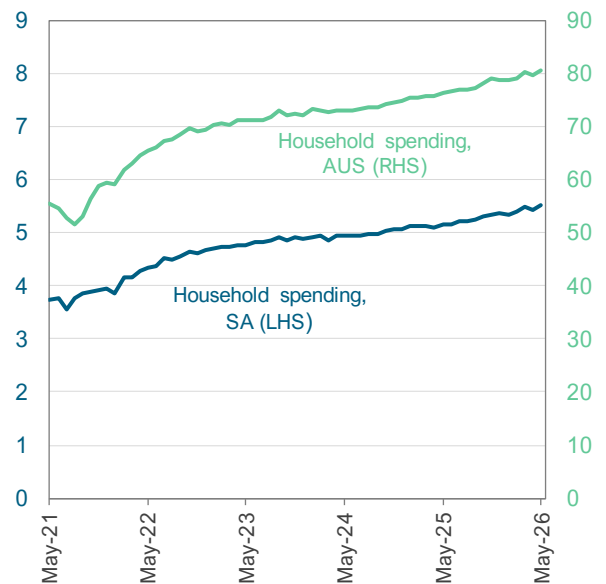
The 1.6% rise in household spending in South Australia in the month of May follows a fall of 1.0% in the previous month.

Western Australia recorded the strongest rise in the month (up 2.6%), followed by the Northern Territory (up 2.1%), Victoria (up 1.7%), South Australia (up 1.6%), Queensland (up 1.1%), New South Wales (up 0.7%), and the Australian Capital Territory (up 0.6%), while a fall was recorded in Tasmania (down 0.5%) — see Table 1.

Table 1: **Monthly Household Spending**
(nominal, seas. adj.)

	May 26 (\$m)	May 26 v Apr 26 (% change)	May 26 v May 25 (% change)
NSW	25,315.7	0.7	4.8
VIC	19,484.9	1.7	4.7
QLD	16,764.6	1.1	5.6
SA	5,513.8	1.6	6.8
WA	9,484.2	2.6	7.6
TAS	1,694.6	-0.5	6.9
NT	912.6	2.1	10.1
ACT	1,465.0	0.6	3.7
AUS	80,635.5	1.3	5.5

Chart 1: **Monthly Household Spending**
(\$b, nominal, seas. adj.)



Through the year to May 2026, the largest contributors to growth in South Australian household spending were Recreation and culture (up 11%), Food (up 6.0%), and Health (up 7.6%) — see Table 2.

Table 2: **Through Year Household Spending Growth by Category**
(nominal, seas. adj.)

	% change		p.p. contribution	
	SA	AUS	SA	AUS
Food	6.0	6.1	0.9	0.9
Alcohol & tobacco	-3.1	-4.1	-0.2	-0.2
Clothing & footwear	7.2	6.2	0.3	0.3
Furnishings & household equip.	7.4	5.8	0.5	0.4
Health	7.6	4.6	0.9	0.5
Transport	5.2	4.0	0.8	0.7
Rec. & culture	10.7	6.9	1.8	1.1
Hotels, cafes & restaurants	5.4	5.4	0.8	0.8
Misc. goods & services	10.0	9.4	0.9	0.8
Total	6.8	5.5	6.8	5.5

The contribution of each category to growth reflects the growth for that category, as well as its share of total spending.

This brief covers nominal data, published monthly. In addition, real (chain volume) data is published on a quarterly basis, but is not included in this release.

The next release of the *ABS Household Spending Indicator* is 4 August 2026.