

SUMMARY

During the month of August 2026, total monthly household spending in **nominal**, **seasonally adjusted** terms:

- rose by 0.1% in South Australia to be 7.0% higher than a year earlier.
- remained unchanged in Australia but was 6.8% higher than a year earlier.

FURTHER DETAILS

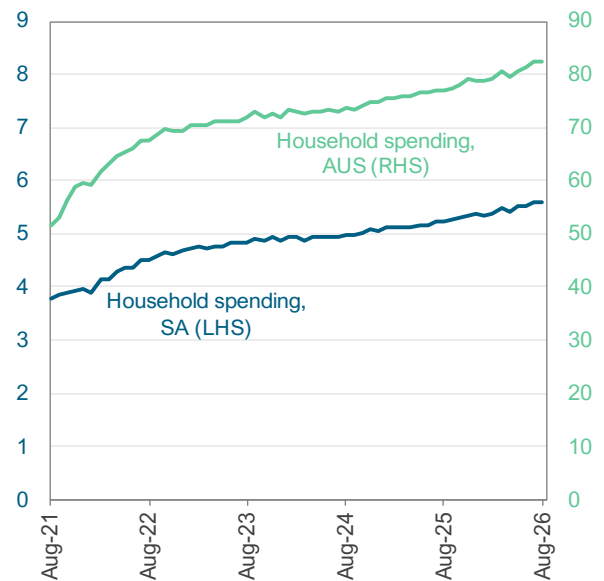
The 0.1% rise in household spending in South Australia in the month of August follows a rise of 0.9% in the previous month.

New South Wales and Queensland recorded the strongest rise in the month (both up 0.3%), followed by South Australia and the Northern Territory (both up 0.1%), while decreases were recorded in Western Australia (down 0.2%), Victoria (down 0.4%), and Tasmania and the Australian Capital Territory (both down 0.5%) — see Table 1.

Table 1: **Monthly Household Spending**
(nominal, seas. adj.)

	Aug 26 (\$m)	Aug 26 v Jul 26 (% change)	Aug 26 v Aug 25 (% change)
NSW	25,913.2	0.3	7.0
VIC	19,804.1	-0.4	5.2
QLD	17,116.5	0.3	7.2
SA	5,591.0	0.1	7.0
WA	9,746.3	-0.2	9.2
TAS	1,738.9	-0.5	7.1
NT	938.6	0.1	11.7
ACT	1,491.7	-0.5	2.8
AUS	82,340.5	0.0	6.8

Chart 1: **Monthly Household Spending**
(\$b, nominal, seas. adj.)



Through the year to August 2026, the largest contributors to growth in South Australian household spending were Transport (up 11%), Recreation and culture (up 9.5%), and Hotels, cafes and restaurants (up 7.5%) — see Table 2.

Table 2: **Through Year Household Spending Growth by Category**
(nominal, seas. adj.)

	% change		p.p. contribution	
	SA	AUS	SA	AUS
Food	5.2	5.9	0.8	0.9
Alcohol & tobacco	0.2	2.7	0.0	0.1
Clothing & footwear	4.8	4.8	0.2	0.3
Furnishings & household equip.	4.3	4.9	0.3	0.3
Health	4.0	3.5	0.5	0.4
Transport	11.4	10.4	1.8	1.8
Rec. & culture	9.5	8.5	1.6	1.4
Hotels, cafes & restaurants	7.5	6.9	1.1	1.0
Misc. goods & services	7.2	7.3	0.7	0.7
Total	7.0	6.8	7.0	6.8

The contribution of each category to growth reflects the growth for that category, as well as its share of total spending.

This brief covers nominal data, published monthly. In addition, real (chain volume) data is published on a quarterly basis, but is not included in this release.

The next release of the *ABS Household Spending Indicator* is 4 November 2026.